

Shawna Fenner's Personality Max™ Report

INFJ, Confidant, Visionary, Introverted, Intuitive, Musical, Linguistic, Auditory, Right-brained

Your Results Snapshot

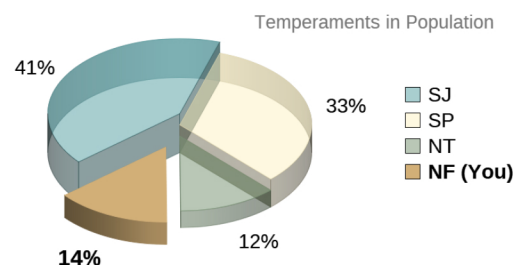
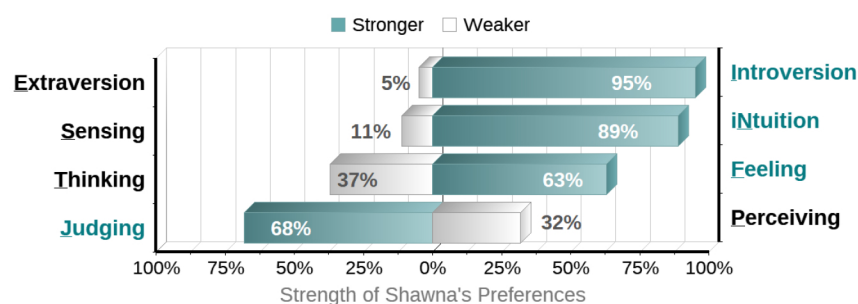
You have a unique set of traits that make you who you are. The study of personality identifies and organizes your characteristics and behaviors in such a way as to help you better understand yourself. Your Personality Max report is intended to equip you to lead a more effective and fulfilling life.

Your Personality Type is INFJ (Confidant)

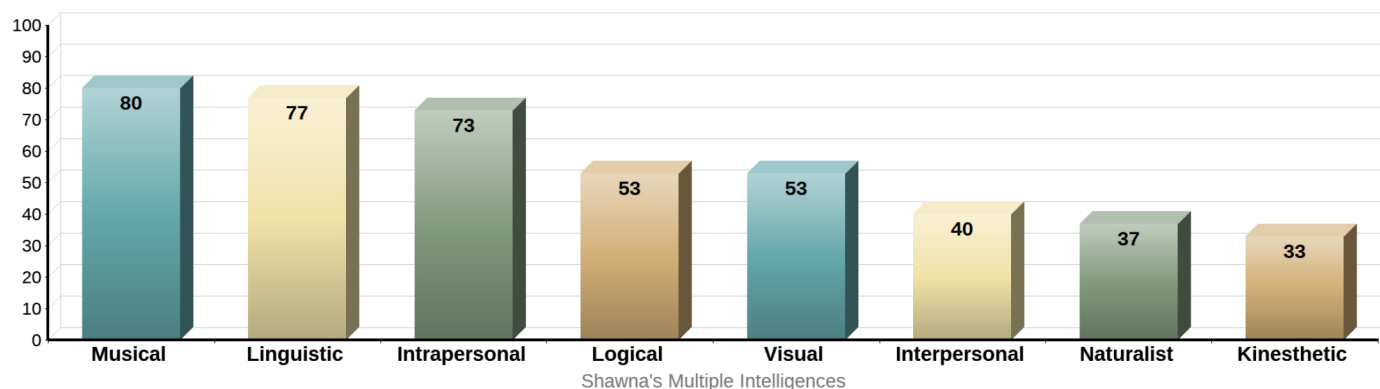
Introverted (I) + Intuitive (N) + Feeling (F) + Judging (J)

Your Temperament is NF (Visionary)

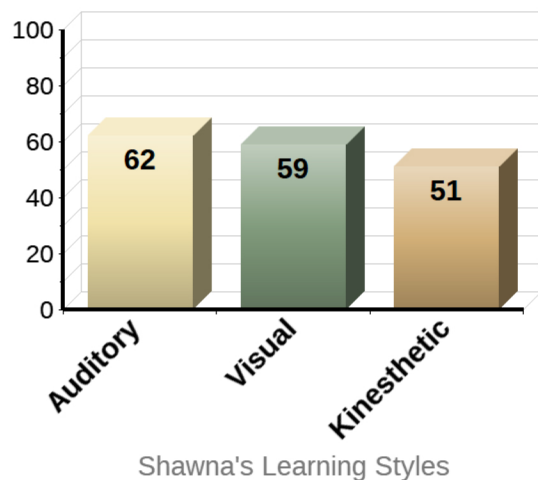
Intuitive (N) + Feeling (F)



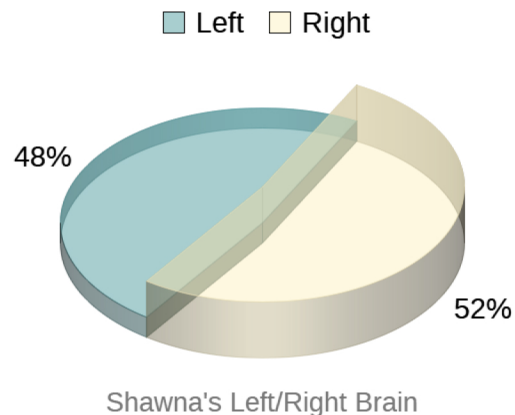
Your Top Intelligences are Musical and Linguistic



You are an Auditory Learner



You are Right-brained



"Personality is to a man what perfume is to a flower."

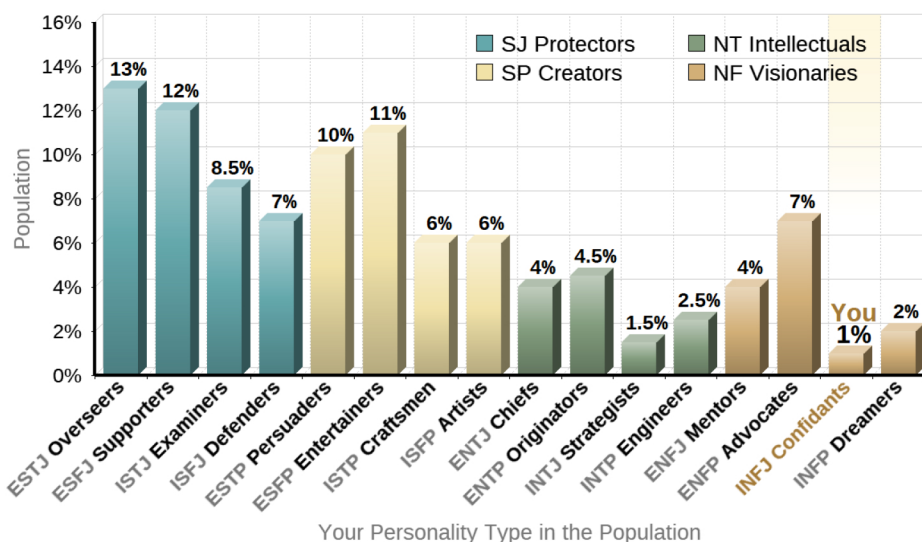
— Charles M. Schwab

Your Personality Type

Your personality type is **INFJ**.

This is based on your four **Preferences**: Introversion (I), Intuition (N), Feeling (F) and Judging (J).

Many of today's theories of psychological typology are based on the work of Swiss psychiatrist Carl Gustav Jung, who wrote *Psychological Types* in 1921. He was the founder of analytical psychology, which



studies the motivations underlying human behavior.

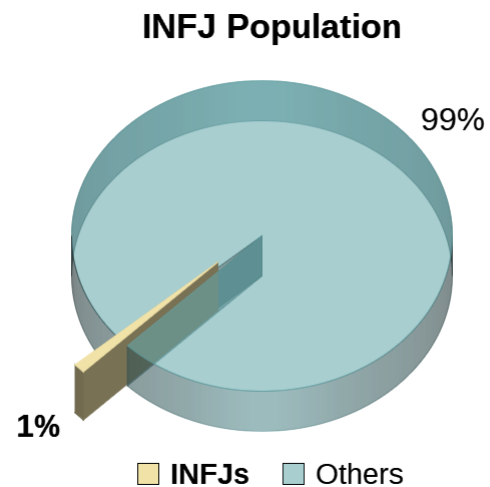
Your personality type is a detailed classification of the innate characteristics that make you who you are. Each of the four temperaments can be divided into four types, making a total of 16 distinct personality types. As with **Temperament**, your type is determined by the strength of your preferences.

No personality type is better than another. Each person has a unique set of equally valuable characteristics. Understanding your type can be useful in many ways, including relationships and school or career.

INFJ - The "Confidant"

INFJs are complex, deep and intensely private. Their life's mission is to develop and guide others. Personal growth drives them and anything short of that pursuit is meaningless to them. They are passionate and devoted to the causes they believe in. INFJs live their life with a great sense of purpose.

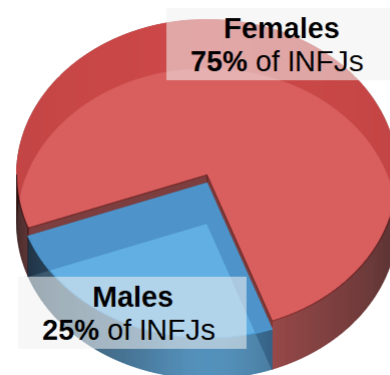
*"A coward is incapable of exhibiting love; it is the prerogative of the brave." —
Mohandas Gandhi*



INFJs direct their energy inward. They are energized by spending time alone and have a few close friends. They are independent and deliberate. Confidants are highly Intuitive and are deep thinkers. Their thought process is complex and abstract. They are idealistic and future-focused.

INFJs are Feelers that make decisions with their heart. They are empathetic, warm and caring. INFJs are often quick at their tasks and enjoy finishing them. They seek closure. Confidants lives are scheduled and structured. They have a controlled and organized nature.

Confidants define love in terms of emotional intimacy and shared values. They have a great need for connection while at the same time they yearn for solitude. They enjoy one-on-one interaction where they can focus on the other person and really get to know them. Of all the 16 types, INFJs are the most private and the hardest to get to know. Although they enjoy being a mystery, they also long to be known and understood.



INFJs seek work that is meaningful and creates growth. They are industrious and quietly enthusiastic. While they are highly idealistic and visionary, they are also task-oriented and intense. They must have goals and are very

structured about achieving them. Confidants have extremely high expectations of themselves and sometimes others.

INFJs love to learn. Their whole existence is wrapped around growth. They are on a constant quest to improve and untangle more questions. They are gifted at deciphering the connections and profound meaning of things. They are interested in theoretical and abstract concepts that can be applied to people and relationships.

INFJs are dreamers whose relational genius and caring nature inspire others to achieve great things. They are catalysts for growth in others. **The INFJ's greatest contribution is their ability to connect with the essence of others and to identify their strengths.**

Characteristic of an INFJ

Introspective	Idealistic	Gentle	Purposeful
Caring	Private	Future-focused	Intuitive
Focused	Scheduled	Peace-loving	Organized
Empathetic	Understanding	Encouraging	Passionate
Independent	Selfless	Complex	Values-oriented
Sensitive	Abstract	Committed	Creative

Typical Strengths

- Good at listening
- Excellent verbal and written communication skills
- Warm, affirming and encouraging
- Honors commitments
- Insightful

Possible Weaknesses

- Has trouble with conflict
- Difficulty receiving criticism
- Withdrawn
- Holds back

- INFJs make up 1% of all 16 personality types. INFJs are the most rare of all personality types. Introversion, intuition and Feeling are less common as dominant preferences than their opposites.
- 1 in every 200 males is an INFJ (0.5% of all males). 1 in every 66 females is an INFJ (1.5% of all females). Male INFJs are the least common type-gender combination (along with female INTJs).
- There are significantly more female INFJs than male, with females outnumbering males by 3 to 1. One reason there are more female INFJs is that females tend to be Feelers (F) while males are more often Thinkers (T).

Your Cognitive Functions

You engage the world through four cognitive functions. Each function is directed outward toward people and surroundings (Extraverted) or inward toward your thoughts (Introverted). Your primary function is **Introverted**

Intuition and secondary is **Extraverted Feeling**.

Introverted Intuition (Primary Function)

You use this function most often. With Intuition (N), you process data through impressions, possibilities and meanings. Introverted Intuition enables you to have a sense about the future. It is the ability to grasp a pattern or plan. Information commonly hard to understand and dissect is more easily processed through Introverted Intuition.

Introverted Thinking (Tertiary Function)

You use this function but to a lesser degree. While Thinking (T), you make decisions based on logic and reason. The Introverted Thinking function enables you to categorize and analyze information that you receive. It is the ability to identify inconsistencies and know how things work as well the ability to solve problems.

Extraverted Feeling (Secondary Function)

Your use of this function is somewhat high. When Feeling (F), you make decisions based on feelings. The Extraverted Feeling function allows you to tune your behavior to the needs of others. Is it the ability to relate and the desire to connect with others with warmth and consideration as well as draw others out and responds to expressed or unexpressed needs.

Extraverted Sensing (Least Function)

You use this function least of the four. Through Sensing (S), you process data with your five senses. The Extraverted Sensing function allows you to process life through your experiences. It is being aware of what is seen, smelled, touched, heard and tasted. It is being energized by experience and living "in the moment."

Famous People of Your Type

Here is a sampling of famous people and fictional characters that are likely to be INFJs like you.

Martin Van Buren
American President

Nathaniel Hawthorne
Novelist

Nathan
Prophet of Israel

Aristophanes
Greek Dramatist

Chaucer
Poet

Goethe
Poet

Robert Burns
Poet

Fanny Crosby
Hymn Writer

Shirley Temple Black
Actress

Michael Landon
Actor, Writer, Director

Tom Selleck
Actor

Oprah Winfrey
Media Proprietor,
Actress

Billy Crystal
Actor, Comedian

Garry Trudeau
Cartoonist
(Doonesbury)

Nelson Mandela
President of South
Africa

Mel Gibson
Actor, Filmmaker

Carrie Fisher
Actress, Screenwriter,
Novelist

Nicole Kidman
Actress

Jamie Foxx
Actor, Musician,
Comedian

Adam Sandler
Actor, Comedian

Anthony Kiedis
Singer (Red Hot Chili
Peppers)

Amelie Poulain
Amelie

Dr. Yuri Zhivago
Doctor Zhivago

Luke Skywalker
Star Wars

Jane Eyre
Jane Eyre (Novel)

Lisa Simpson
The Simpsons

Tinman
The Wizard of Oz

Kermit the Frog
The Muppets

George Ashley
Wilkes
Gone with the Wind

John Locke
Lost

Joe Hackett
Wings

Frodo Baggins
Lord of the Rings

Jack O'Neill
Stargate

Career Matches for Your Type

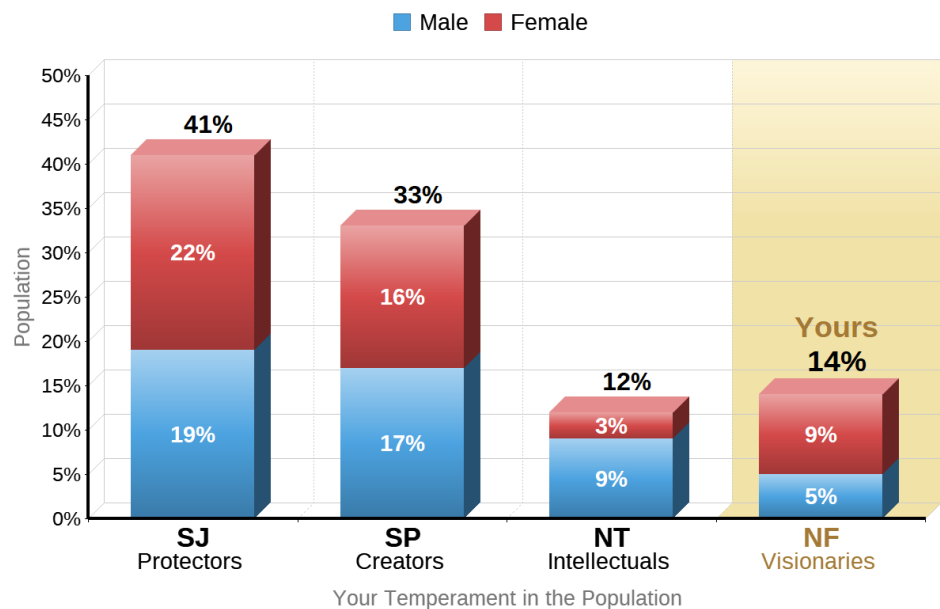
INFJs may find satisfaction with the following careers which tend to match well with their Confidant personality. This list is not exhaustive and these are not guaranteed to be perfect matches for you but this may be a helpful starting point if you are planning to pursue a new career.

Counselor	Social Worker	Musician	Alternative Medicine
Clergy	Educational	Photographer	Designer
Therapist	Consultant	Professor	Human Resources
Writer	Child Care	Librarian	Trainer
Missionary	Child Development	Artist	
Psychiatrist	Church Worker	Actor/Actress	
Psychologist	Teacher	Medical Doctor	

Your Temperament

Your temperament is **NF** since you lean toward the Intuition (**N**) and Feeling (**F**) preferences. We identify your temperament by the strength of your **Preferences**. Many psychologists, philosophers and other thinkers have for centuries proposed that there are four temperaments that can describe a person.

Temperament is a more broad classification than **Personality Type**. Each of the four temperaments is like an umbrella over four related personality types (for a total of 16 personality types).



NF - The "Visionary"

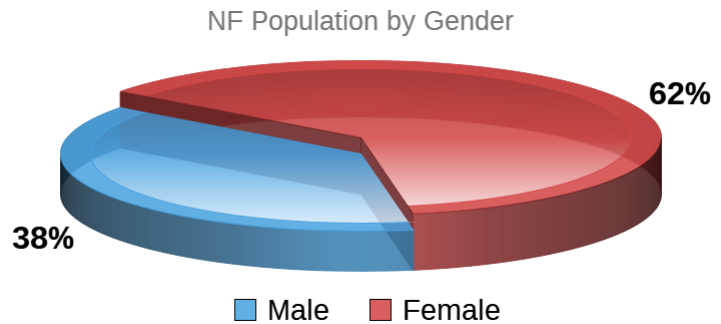
Visionaries (NFs) are empathetic, generous and original. They are caring individuals who are not only sensitive to the feelings of others but also very adept at identifying them. They are idealistic and driven by values they deeply believe in and defend. Visionaries desire to understand themselves and to be understood for who they really are.

As gifted teachers and mentors, they are interested in helping others grow and reach their potential. Visionaries are futuristic and charitable. In their relationships, they require authenticity, depth and meaning. They value harmony and enjoy pleasing others. Visionaries wither in critical and competitive environments. They dislike conflict and conformity.

Anne Shirley: *Don't you ever imagine things differently from what they are?*

Marilla Cuthbert: *No.*

Anne Shirley: *Oh Marilla, how much you miss.*



Famous Visionaries

King David
King of Israel

Shakespeare
Poet and Playwright

Peyton Manning
NFL Quarterback

Mikhail Gorbachev
Leader of Soviet Union

Dr. Seuss
Writer, Cartoonist

Diane Sawyer
Journalist

Nelson Mandela
President of S. Africa

Martin L. King, Jr.
Minister, Activist

Sandra Bullock
Actress

Regis Philbin
Television Personality

Charles Dickens
Novelist

Upton Sinclair
Author, Journalist

Mark Twain
Writer

Robin Williams
Actor

Bob Dylan
Actor

Albert Schweitzer
Theologian, Physician

Princess Diana
Princess of Wales

Audrey Hepburn
Actress

Helen Keller
Author, Activist

Johnny Depp
Actor

Dr. Doug Ross
ER

Kevin Arnold
Wonder Years

Luke Skywalker
Star Wars

Tin Man
Wizard of Oz

Calvin
Calvin and Hobbes

Anne Shirley
Anne of Green Gables

E.T.
The Extra-Terrestrial

Visionary Career Matches

NF's are commonly skilled at and often find satisfaction with the following careers.

Social Worker

Teacher/Professor

Charity Worker

Activist/Advocate

Counselor

Psychologist

Human Resources

Trainer

Writer

Actor

Musician

Artist

- NFs (Visionaries) make up only about 14% of the general population.
- Female NFs outnumber male NFs nearly two to one, with males making up only about 5% of all people.
- Many great idealist thinkers and leaders in the world have been NFs.

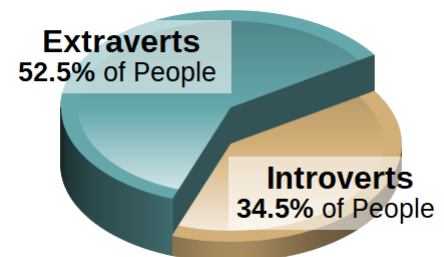
Your Preferences

Your preferences are **Introversion (I)**, **Intuition (N)**, **Feeling (F)** and **Judging (J)**. These determine your **Personality Type** and **Temperament**.

There are four pairs of opposite preferences. Everyone has a greater tendency toward one preference than the other in each pair. For example, in the Thinking (T) vs. Feeling (F) dichotomy, you personally have a stronger tendency toward Feeling (F). Each preference has a single letter (such as "F") that identifies it.

Extraversion vs. Introversion in You

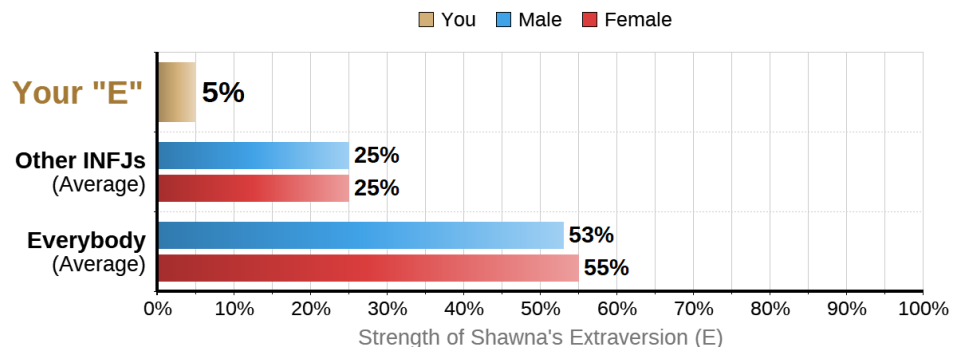
Extraversion (E) and Introversion (I) are opposite preferences. Your natural tendency toward one is stronger than the other. Extraversion and Introversion describe how a person directs their energy either outwardly toward people and activities or inwardly toward thoughts and ideas. Of the two, **your dominant preference is Introversion**. Although everybody exhibits characteristics of each preference to some degree, you can be referred to as an *Introvert*.



- You are 107% more Introverted than the average
- You are part of the minority of people who are primarily Introverted
- Males on average are slightly more Introverted than females

Your Extraversion (E)

Extraversion is characterized by a preference to focus on the world *outside* the self. Extraverts are energized by social gatherings, parties and group activities. Extraverts are usually enthusiastic, gregarious and animated. Their communication style is verbal



and assertive. Extraverts often need to talk. They enjoy the limelight.

Sociable

Energized by interaction

Assertive

Gregarious

Talkative

Enthusiastic

Expressive

Volunteers personal info

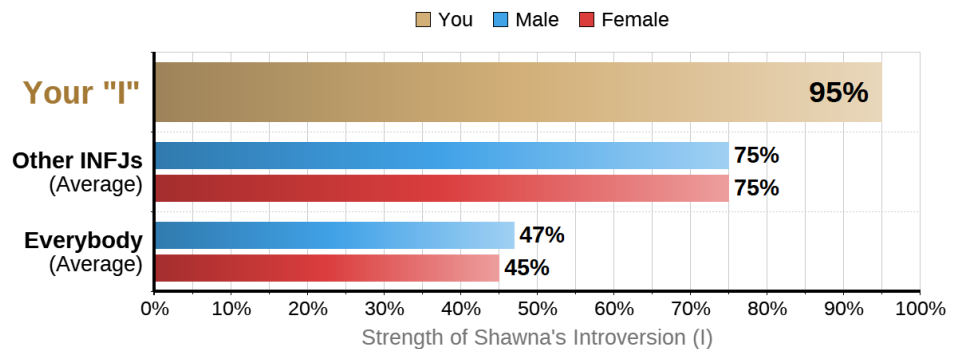
Many friends

Easy to approach

Enjoys groups

Your Introversion (I)

Introversion is characterized by a preference to focus on the *inside* world. Introverts are energized by spending time alone or with a small group. They find large group gatherings draining because they seek depth instead of breadth of relationships. Introverts process information internally. They are often great listeners.



Energized by time alone

Private

Keeps to self

Quiet

Deliberate

Internally aware

Fewer friends

Prefers smaller groups

Peaceful

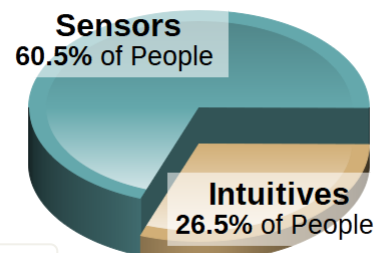
Independent

Thinks before speaking

Enjoys solitude

Sensing vs. Intuition in You

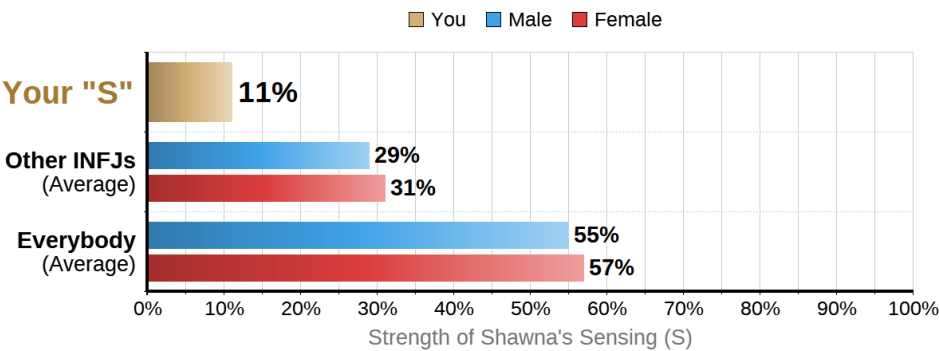
You use Sensing (S) and Intuition (N) to receive and process new information either by using your five senses or in more abstract ways. Both preferences in this pair are used by everybody to some degree. With that said, you can be classified as *Intuitive* since **your dominant preference is Intuition**.



- You are 89% more Intuitive than the average
- You are part of the minority of people who are primarily Intuitive
- Males on average are slightly more Intuitive than females

Your Sensing (S)

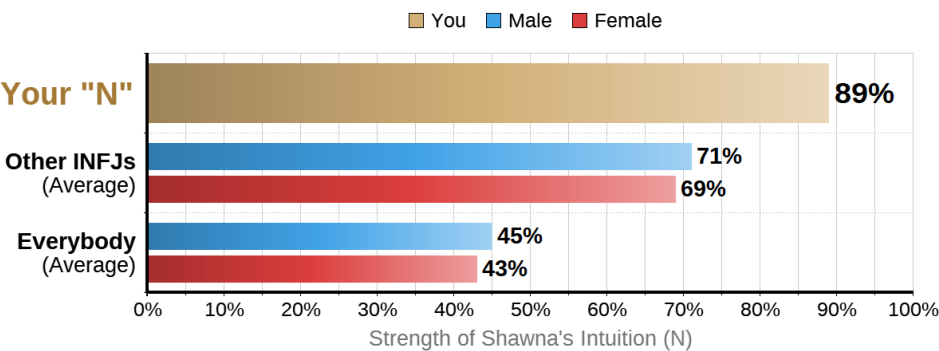
Sensors focus on the present. They are "here and now" people. They are factual and process information through the five senses. They see things as they are because they are concrete and literal thinkers. They trust what is certain. Sensors value realism and common sense. They like ideas with practical applications.



- | | |
|-----------------------|---------------------|
| Concrete | Practical |
| Realistic | Goes by senses |
| Lives in the present | Factual |
| Aware of surroundings | Trusts certainty |
| Notices details | Values common sense |

Your Intuition (N)

Intuitive people live in the future. They are immersed in the world of possibilities. They process information through patterns and impressions. Intuitive people value inspiration and imagination. They gather knowledge by reading between the lines. Their abstract nature attracts them toward deep ideas, concepts and metaphors. They can see the "big picture" and are analytical.

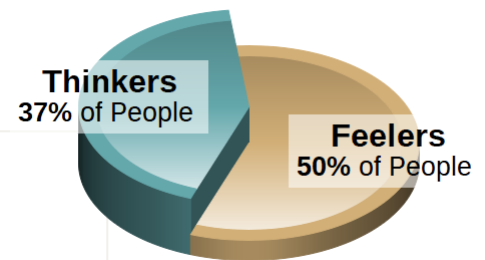


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|--------------------|---------------|
| Future-focused | Abstract |
| Sees possibilities | Idealistic |
| Inventive | Complex |
| Imaginative | Theoretical |
| Deep | Philosophical |

Thinking vs. Feeling in You

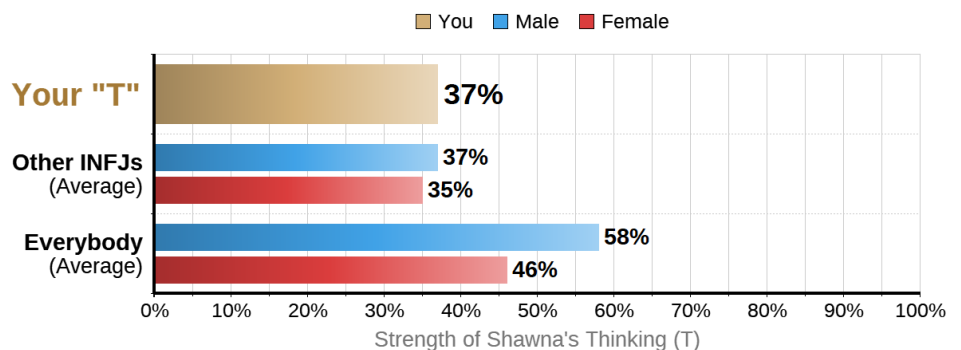
The Thinking (T) and Feeling (F) preference pair refers to how you make decisions, either by objective logic or subjective feeling. **Your dominant preference is Feeling** so you can be classified as a *Feeler*. Each of the two preferences are employed by everybody at different times and to different degrees.

- You are 31% more Feeling than the average
- Feelers like you make up about half of the population
- The majority of females are Feelers while the majority of males are Thinkers



Your Thinking (T)

Thinking people are objective. They make decisions based on facts. They are ruled by their head instead of their heart (but are not without emotion). Thinking people judge situations and others based on logic. They value truth over tact and can easily identify flaws. They are critical thinkers and oriented toward problem solving.

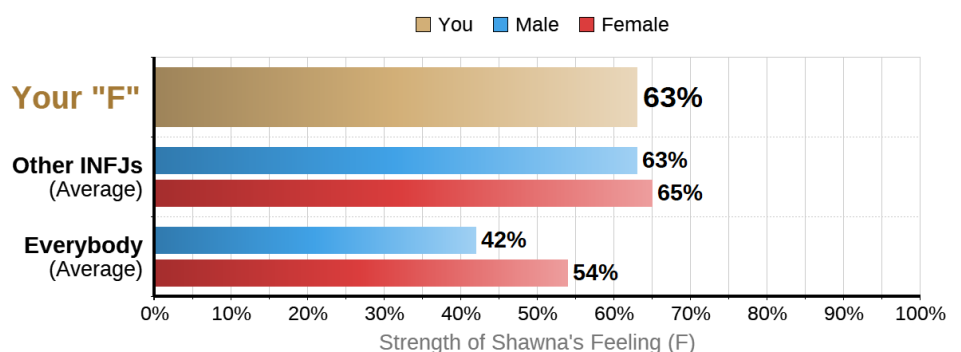


Logical
Objective
Decides with head
Seeks truth
Rational

Impersonal
Critical thinking
Thick-skinned
Firm with people
Driven by thought

Your Feeling (F)

Feeling people are subjective. They make decisions based on principles and values. They are ruled by their heart instead of their head. Feeling people judge situations and others based on feelings and extenuating circumstances.



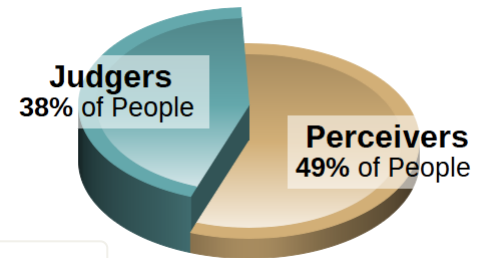
They seek to please others and want to be appreciated. They value harmony and empathy.

Decides with heart
Dislikes conflict
Passionate
Driven by emotion
Gentle

Easily hurt
Empathetic
Caring
Warm
Subjective

Judging vs. Perceiving in You

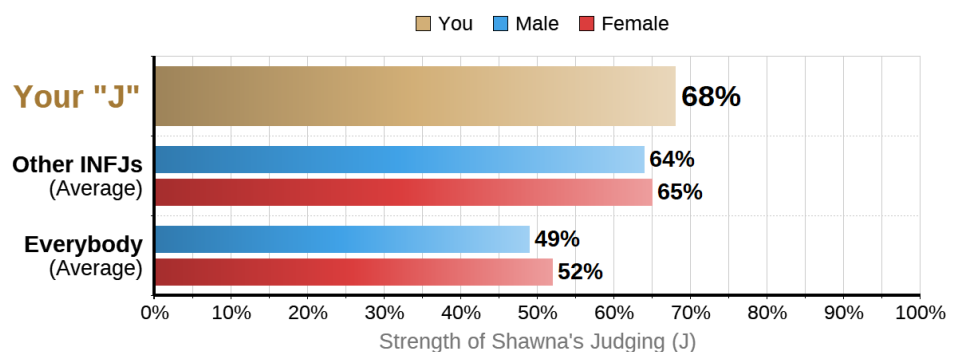
Judging (J) and Perceiving (P) are how you interact with the world outside yourself, either in a structured or flexible manner. All people use both of these preferences to different degrees but one is more dominant. Since **your dominant preference is Judging**, you can be referred to as a *Judger*.



- You are 36% more Judging than the average
- You are part of the slight majority of people who are primarily Judging
- Females on average are slightly more Judging than males

Your Judging (J)

Judging people think sequentially. They value order and organization. Their lives are scheduled and structured. Judging people seek closure and enjoy completing tasks. They take deadlines seriously. They work *then* they play. The Judging preference does not mean judgmental. Judging refers to how a person deals with day-to-day activities.

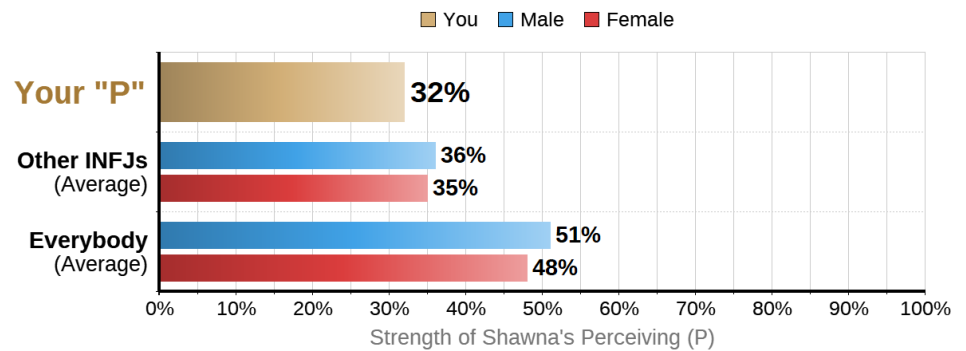


Decisive
Controlled
Completes projects
Organized
Structured

Scheduled
Quick at tasks
Responsible
Seeks closure
Makes plans

Your Perceiving (P)

Perceivers are adaptable and flexible. They are random thinkers who prefer to keep their options open. Perceivers thrive with the unexpected and are open to change. They are spontaneous and often juggle several projects at once. They enjoy starting a task better than finishing it. Perceivers play as they work.



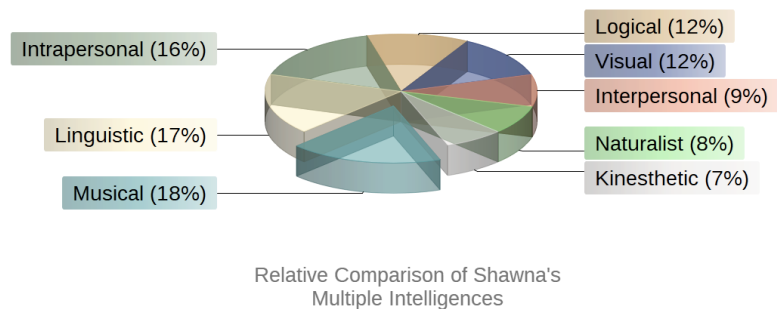
Adaptable
Relaxed
Random
Carefree
Spontaneous

Changes tracks midway
Keeps options open
Procrastinates
Dislikes routine
Flexible

Your Multiple Intelligences

Your top three intelligences are **Musical**, **Linguistic** and **Intrapersonal**.

Howard Gardner, a graduate of Harvard University and a developmental psychologist, developed the theory of Multiple Intelligences in 1986. Gardner believes that intelligence, the way it has traditionally been understood (logically, as with I.Q. tests), does not explain the wide variety of human abilities. The theory of Multiple Intelligences suggests that we excel with different types of intelligence.



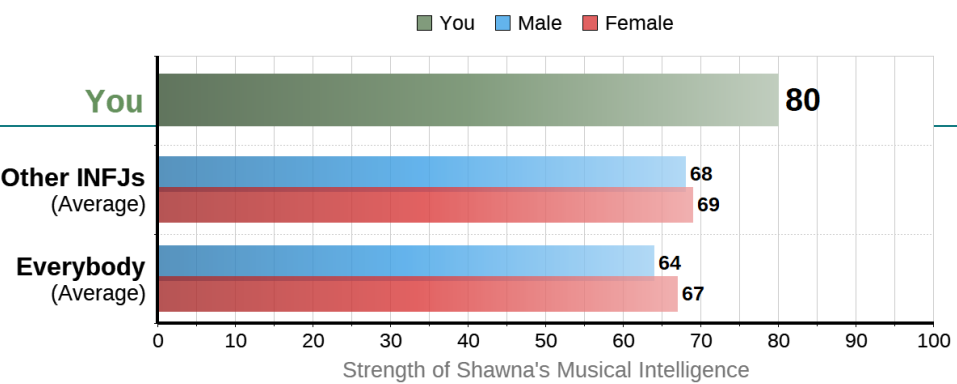
In addition to being logical and *Number Smart*, a person might also be *Word Smart*, *People Smart* or *Picture Smart*. Gardner has identified several intelligences: Verbal/Linguistic, Logical/Mathematical, Visual/Spatial, Bodily/Kinesthetic, Musical, Intrapersonal, Interpersonal and Naturalist.

Your Musical Intelligence

Musical is one of your stronger intelligences. See how you compare to other INFJs and the general population.

About Musical Intelligence

People with Musical intelligence recognize sounds and tones with ease. They appreciate music and rhythm. They have a "good ear" for music and can easily learn songs and melodies. They notice when someone is singing off-key. People with musical intelligence are good at imitating sounds or other people's voice or intonation.



Rhythm and music can be a way for them to memorize concepts. Some people with musical intelligence are especially gifted at composing, singing or playing an instrument. They often have a song running through their head. They often learn well through lectures since they are highly auditory.

"If a composer could say what he had to say in words he would not bother trying to say it in music." — Gustav Mahler

Characteristics of Musical Intelligence

Highly auditory	Notices off-key notes	Whistles or taps foot	Sensitive to noise
Can memorize songs	Enjoys different sounds	Talented with instruments	
Has good rhythm	Likes to sing	Gifted at composing	

Possible Careers for High Musical Intelligence

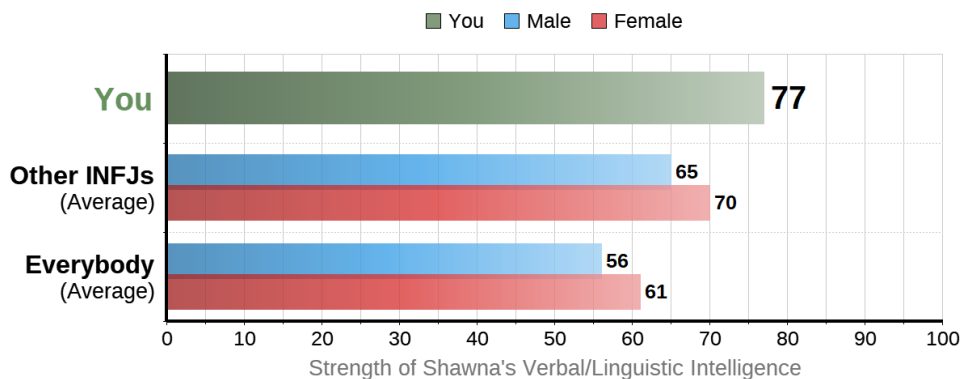
Choir Director	Disc Jockey	Record Producer	Studio Technician
Composer	Music Teacher	Singer	
Conductor	Musician	Songwriter	

Your Verbal/Linguistic Intelligence

Verbal/Linguistic is one of your stronger intelligences. A comparison of your score with others is represented in this chart.

About Verbal/Linguistic Intelligence

People with Linguistic intelligence love words. They enjoy reading and writing. Linguistic people are often gifted at learning languages. They appreciate the complexities of sentence structure, word structure, meaning and sound. They savor convoluted words and are quick at learning them. They possess rich vocabularies.



School is an area in which people with Linguistic intelligence often do well. They enjoy lectures and taking notes. They also have the ability to teach others and communicate complex concepts. People with Linguistic intelligence are adept at communicating through the written word and seek to hone their skills.

"A poet is, before anything else, a person who is passionately in love with language." — W. H. Auden

Characteristics of Linguistic Intelligence

Enjoys writing	Uses fancy words	Remembers quotes	Enjoys foreign languages
Good at editing	Enjoys word games	Likes puns and rhymes	Loves English class
Avid Reader	Speaks of what they read		

Possible Careers for High Linguistic Intelligence

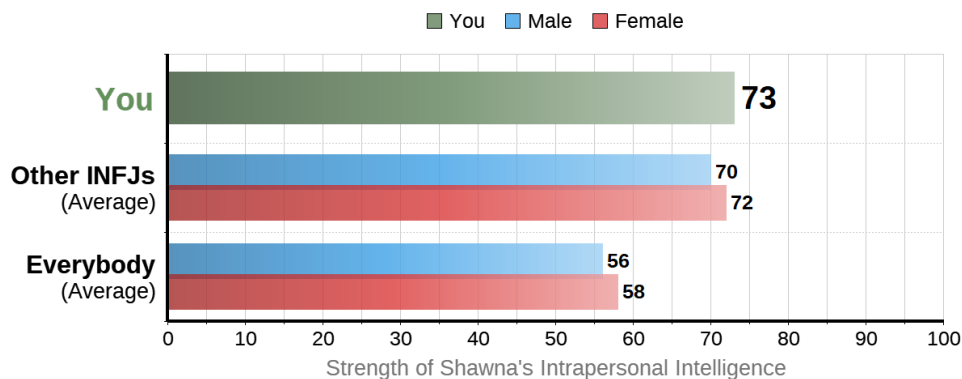
Copywriter	Journalist	Speech Pathologist	Writer
Court Reporter	Lecturer	Teacher	
Editor	Broadcaster/News anchor	Translator/Interpreter	

Your Intrapersonal Intelligence

Intrapersonal is one of your stronger intelligences. The strength of your Intrapersonal intelligence is graphed below.

About Intrapersonal Intelligence

People with intrapersonal intelligence are adept at looking inward and figuring out their own feelings, motivations and goals. They are quintessentially introspective. They analyze themselves and seek understanding. People with intrapersonal intelligence are intuitive and usually introverted. They learn independently and through reflection.



Philosophy, psychology and theology are often of interest to people with intrapersonal intelligence. They enjoy journaling because it helps them learn about themselves. They are also good at helping others understand themselves. They are able to predict the reactions of themselves and others.

"No one ever told me that grief felt so like fear." — C. S. Lewis

Characteristics of Intrapersonal Intelligence

Intuitive	Likes to learn about self	Enjoys journaling	Interested in self-employment
Self-aware		Works well alone	
Spends time reflecting	Philosophical	Usually introverted	
	Independent		

Possible Careers for High Intrapersonal Intelligence

Entrepreneur	Inventor	Psychologist	Writer
Farmer	Librarian	Scientist	
Historian	Philosopher	Theologian	

Your Logical/Mathematical Intelligence

Your Logical/Mathematical Intelligence is moderately strong. Your score along with the averages of others is represented below.

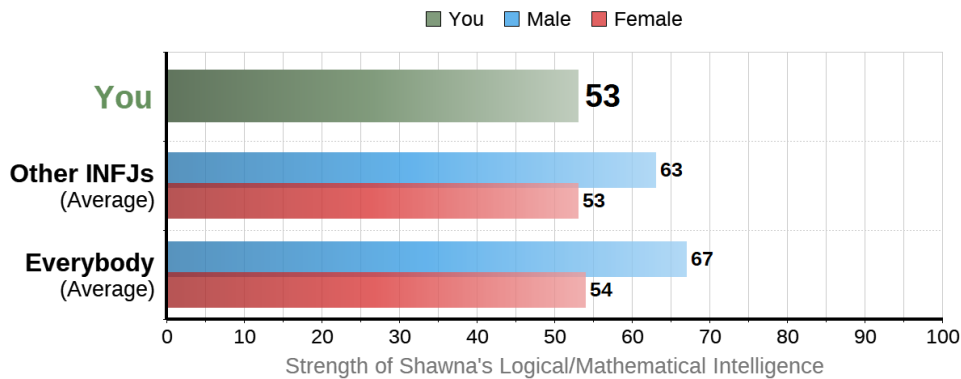
About Logical/Mathematical Intelligence

People with Logical intelligence process information through logic and reason. They are attracted to investigation by means of the scientific method. They do well with quantitative methods that rely on the researcher's ability to

observe and reach a verifiable conclusion.

They dislike nebulous assumptions and subjective analysis. Instead, they trust hard facts and numerical data. They seek accuracy and precision in their learning and work. Their mind is complex and works like a computer.

Logical Intelligence thrives on mathematical models, measurements, abstractions and complex calculations.



"A good designer must rely on experience, on precise, logic thinking; and on pedantic exactness. No magic will do." — Niklaus Wirth

Characteristics of Logical Intelligence

Rational	Likes numbers	Factual	Appreciates science
Objective	Seeks precision	Logical	
Good at strategy games	Grasps complex data	Good at math	

Possible Careers for High Logical Intelligence

Accountant	Engineer	Mathematician	Scientist
Computer Programmer	Financial Planner	Medical Doctor	Technical Writer
	Lawyer/Attorney	Military Officer	

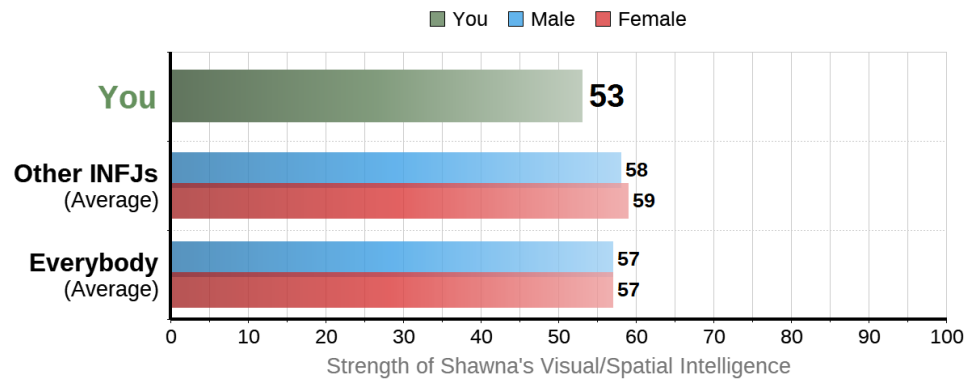
Your Visual/Spatial Intelligence

Your Visual/Spatial Intelligence is moderately strong. You can compare your score with the averages of others below.

People with Visual/Spatial intelligence are very aware of their surroundings and are good at remembering images. They have a keen sense of direction and often enjoy maps. They have a sharp sense of space, distance and measurement.

People with Visual intelligence learn well through visual aids such as graphs, diagrams, pictures and colorful displays. They usually enjoy visual arts such as drawing, painting and photography. They can visualize anything related to art, fashion, decoration and culinary design before creating it.

"I think I understand something about space. I think the job of a sculptor is spatial as much as it is to do with form." — Anish Kapoor



Characteristics of Visual Intelligence

Notices colors and shapes	Good at visual puzzles	Enjoys photography	Remembers places vividly
Can visualize anything	Enjoys geometry	Appreciates books with pictures	Good at artistic composition
	Loves to draw and paint	Good with directions	

Possible Careers for High Visual Intelligence

Architect	Computer Animator	Interior Decorator	Web Designer
Art Director	Fashion Designer	Photographer	
Artist	Graphic Designer	Video Editor	

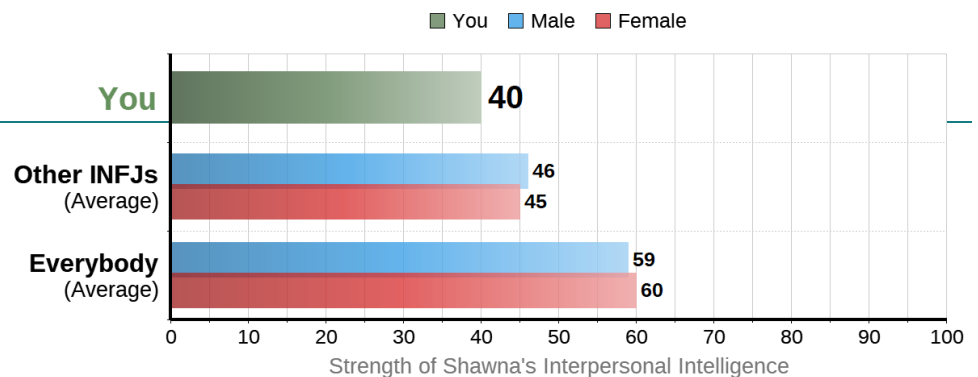
Your Interpersonal Intelligence

Interpersonal is not one of your primary intelligences. View your score below along with a comparison of averages by gender.

About Interpersonal Intelligence

People with Interpersonal intelligence thrive with social interaction. They are gifted at establishing rapport with strangers and make friends easily. They are adept at

reading, empathizing and understanding others. People with Interpersonal intelligence work well with others and often have many friends. They are masters at collaboration.



Interaction, dialogue and lively discussions are ways in which people with Interpersonal intelligence learn. They are enthusiastic and lively. Others often seek them out for advice, help and comfort. They are good at making others feel welcome and often reach out to outsiders. They are inclusive of others. *The more the merrier.*

"I'm more interested in interpersonal relationships—between lovers, families, siblings. That's why I write about how we treat each other." — Terry McMillan

Characteristics of Interpersonal Intelligence

Extraverted	Empathetic	Has many friends	Loves meeting new people
Enjoys social events	Enjoys teaching others	Enjoys team sports	Sensitive to others
Loves crowds		Counsels others	

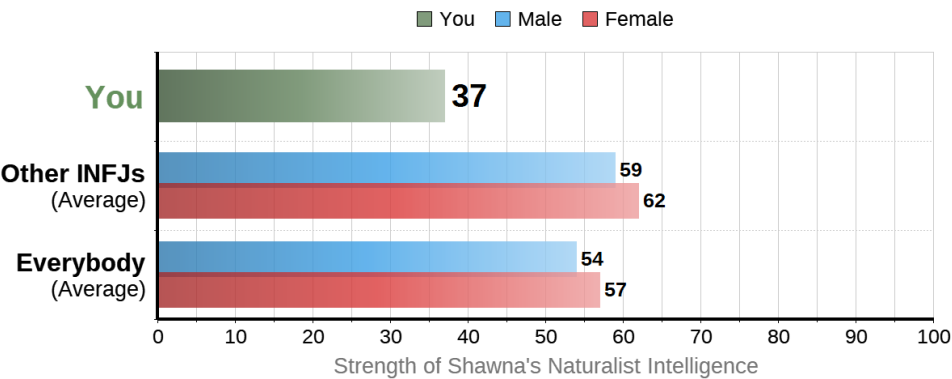
Possible Careers for High Interpersonal Intelligence

Clergy	Politician	Sales Agent	Teacher
Counselor	Public Relations	Social Worker	
Diplomat	Receptionist	Supervisor	

Your Naturalist Intelligence

Naturalist is not one of your primary intelligences. See how you compare to other INFJs and everybody else.

People with Naturalist intelligence have a sensitivity to and appreciation for nature. The Naturalist intelligence focuses on how people relate to their natural surroundings. Naturalists have a special ability to grow plants, vegetables and fruit. They have an affinity for animals and are good at training and understanding them.



Naturalists can easily distinguish patterns in nature. They are aware of and intrigued by weather phenomena. They are good at discovering the wonders of nature. Naturalists love to walk, climb, camp and hike. They enjoy the outdoors. People with Naturalist intelligence are inspired and rejuvenated by nature.

"Earth and sky, woods and fields, lakes and rivers, the mountain and the sea, are excellent schoolmasters, and teach some of us more than we can ever learn from books."
— John Lubbock

Characteristics of Naturalist Intelligence

Notices natural patterns	Upset by pollution	Appreciates plants	Enjoys outdoor activities
Learns through natural contact	Comfortable with animals	Appreciates scenic views	Aware of weather changes
	Good at gardening	Inspired by nature	

Possible Careers for High Naturalist Intelligence

Animal Trainer	Park Ranger	Landscaper	Zookeeper
Breeder	Geologist	Marine Biologist	
Farmer	Horticulturist	Veterinarian	

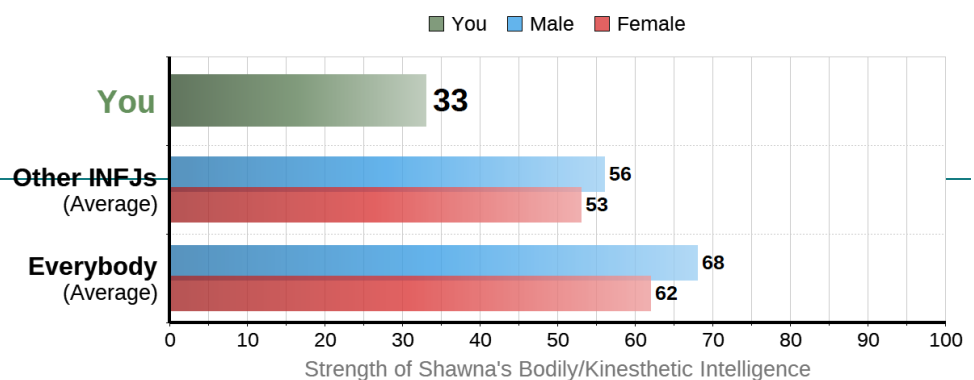
Your Bodily/Kinesthetic Intelligence

Bodily/Kinesthetic is not one of your primary intelligences. The strength of your Kinesthetic intelligence is shown on this chart.

About Bodily/Kinesthetic Intelligence

People with Kinesthetic intelligence learn through movement and experimentation. They enjoy sports and activities that require physical exertion and mastery. Some Kinesthetic people enjoy the artistic side of movement such as dance or any kind of creative movement. These artistic types enjoy acting and performing in front of an audience.

People with Kinesthetic intelligence enjoy building things and figuring out how things work. They like to use their hands and are very active. They have excellent motor skills and coordination. They are very physical and are keenly aware of their bodies.



"Coming from a farming background, I saw nothing out of the ordinary in running barefoot, although it seemed to startle the rest of the athletics world." — Zola Budd

Characteristics of Kinesthetic Intelligence

Learns by doing	Enjoys sports	Crafty	Athletic
Well-coordinated	Seeks excitement	Energetic	
Good with hands	Very active	Enjoys the outdoors	

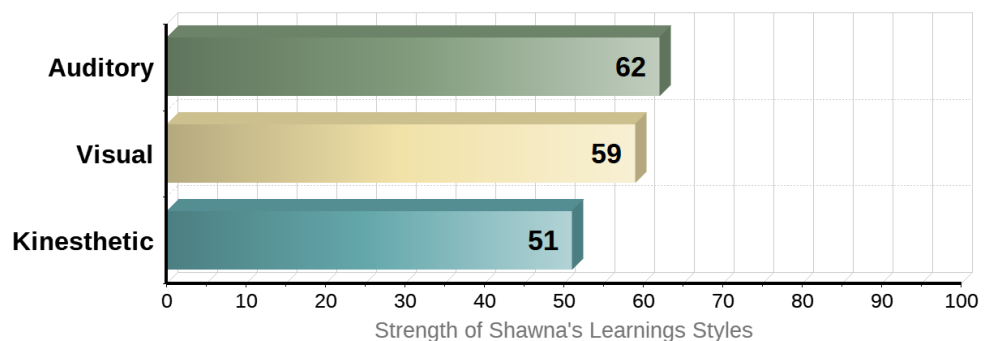
Possible Careers for High Kinesthetic Intelligence

Actor/Actress	Construction Worker	Park Ranger	Physical Therapist
Athlete	Farmer	Mechanic	
Carpenter	Firefighter	Paramedic/EMT	

Your Learning Styles

Discover how you learn by **hearing**, **seeing** and **doing**.

Learning Styles is a theory that suggests people learn better using different methods of learning. We perceive information using our senses. The three most practical senses in learning environments are sight, hearing and touch. The VAK model categorizes these sensory methods of learning as Visual (V), Auditory (A) and Kinesthetic (K) learning styles.



While most people have a dominant learning style, nobody has just one learning style. Everyone uses each of the learning styles to some degree. Some are stronger in one style while others have even strength in all styles. The reality is that we all have a custom "learning style" that is, in varying degrees, a combination of Visual, Auditory and Kinesthetic learning.

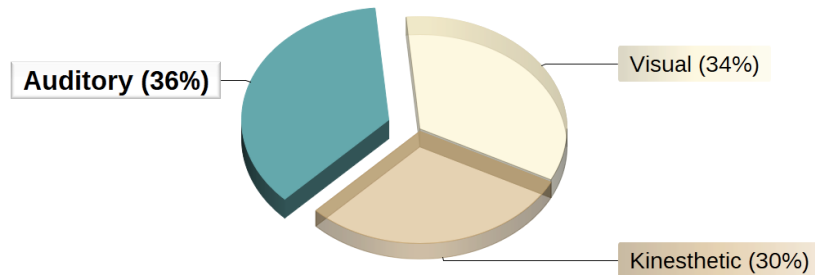
It is useful to know the strength of your learning styles as they relate to each other. This allows you to focus on maximizing your learning potential. Recognizing your strengths also helps you to seek learning opportunities that cater to your combination of learning style strengths. In recent years, many educators have started using

knowledge of Learning Styles (and Multiple Intelligences) to improve teaching methods in order to reach learners of all types

Auditory Learning and You

Auditory is your primary learning style.

Auditory style is learning by *hearing*. This type of learning is helpful in the classroom environment. During a lecture, an auditory learner is able to easily comprehend, process and retain information.



Auditory in Relation to Shawna's Other Styles

Auditory learning is not only the ability to listen to spoken word and interpret tone, but to do so with a high level of accuracy and efficiency. Learners with strong auditory ability are able to hear and comprehend without missing much.

Characteristics of a Auditory Learner

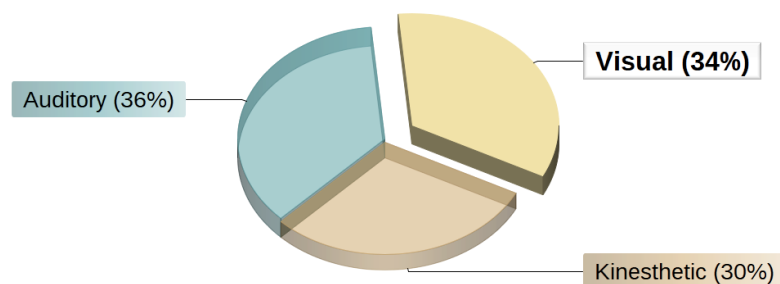
- Good at remembering people's names
- Recalls spoken information with ease
- Aware of and easily distracted by sounds
- Enjoys listening to audio books and storytelling
- Often skilled at speaking

- Prefers classes in lecture format
- May record lectures to hear again later
- Benefits from reading out loud
- Enjoys rhymes and rhythmic pattern in language
- Benefits from group discussions

Visual Learning and You

Visual is your secondary learning style.

Visual style is learning by *seeing*. You learn visually whenever you gain information from sight. This includes more than just the viewing of pictures and your surroundings. Visual learning also encompasses the written word.



Visual in Relation to Shawna's Other Styles

Visual learners benefit greatly from teaching that utilizes illustrations, charts, diagrams, videos, etc. They often feel a need to convert spoken instruction into visual form by taking notes.

Characteristics of a Visual Learner

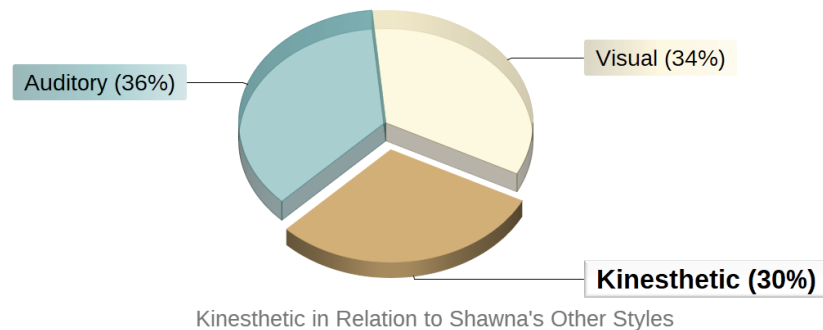
- Good at remembering people's faces
- Accurately recognizes body language and facial expressions
- Able to picture things in their mind
- Good at taking notes in the form of text and doodles

- Comprehends visual information such as charts, graphs and diagrams
- Recalls appearances with ease
- Appreciates pictures and illustrations in books
- Enjoys learning from video presentations
- Learns well from flash cards
- Notices visual details that others might miss

Kinesthetic Learning and You

Kinesthetic is your least preferred learning style.

Kinesthetic style is learning by *doing*. You learn in this manner whenever you capture new information through the process of physical activity. It is often referred to as a hands-on learning experience.



Consider how you learned to ride a bicycle. You learned by getting on a bike to experience and practice balancing, steering and pedaling. This experience ultimately taught you how to ride.

Characteristics of a Kinesthetic Learner

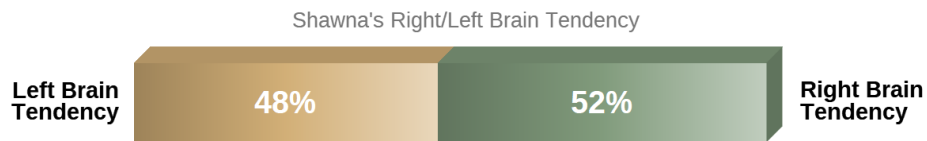
- Good at learning through hands-on experience
- Often bored with traditional textbook learning
- Likes to move around and explore their environment
- Usually enjoys athletics and physical education
- Likes to touch objects and people

- Would rather participate than watch
- Appreciates opportunities to go on field trips
- Gets satisfaction from building with their hands
- Enjoys classes with physical experiments
- Can become restless without physical activity

Your Brain Hemispheres

This chart illustrates that you are **right-brained** and to what extent.

There are two sides of your brain known as hemispheres. Your left hemisphere controls the right side of your body and deals with logical thought and language. Your right hemisphere controls the left side of your body. It handles abstract thought and spatial orientation.



Neuropsychologist Roger W. Sperry developed the right brain – left brain theory in 1960. He believed that the human brain is right or left side dominant and that each side of the brain controls different types of thinking. Some individuals utilize both sides of their brains equally (all use both to some degree) but most people have a greater tendency to think in a certain way.

The majority of people are left brain dominant. Although the typical school environment in modern times tends to favor left brain thinkers with expectations of logical thought and practical action, right brain thinkers who tend to be more imaginative and "outside the box" are equally valuable. Interestingly, right brain dominant people are often left-handed (since each hemisphere controls the opposite side's hand) which coincides with right brain dominant people being less common (as left-handed people are less common).

Understanding the right brain – left brain theory helps you understand yourself better. It improves your ability to study, learn and process information. It also informs you about the reasons why you prefer certain activities or have certain interests.

Left Brain Characteristics

Logical	Realistic	Strategic	Likes Reason
Linguistic	Sequential	Knows	Likes Science
Practical	Analytical	Likes Math	Critical Thinking

Right Brain Characteristics

Intuitive	Idealistic	Believes	Likes Music
Creative	Random	Recognizes Faces	Likes Art
Imaginative	Appreciates	Expresses Emotions	Sees the "Big Picture"

Your Personal Development

Gain insights into your personal **relationships**, **work** and **learning**.

Your Learning

Your temperament is Visionary (NF). Visionaries often love the humanities. They enjoy subjects such as literature, language, psychology, art and religion. Their compassionate nature attracts them to topics that are related to helping others.

Visionaries thrive in affirming environments. They often seek the approval of their teachers. Learning is personal because the process of knowing is infused with their values and ideals. Their desire to learn is connected to their desire to express themselves and make a difference.

Your learning styles indicate that you learn best by lectures, discussions, recordings and reading out loud. This is your Auditory learning style. Although you also learn by seeing and doing, hearing is your main mode of learning.

Personalized Learning Strategies

- Consider taking advantage of learning opportunities that will train you for work that allows you to help others.
- Apply your hardworking attitude and skills with organization to your educational endeavors.
- Consider education that allows you to work independently and with some level of freedom.
- Take advantage of auditory learning by recording lectures, listening to audio books, participating in discussions and reading out loud.
- Study areas of interest that you enjoy (increases motivation) and that you have a natural talent for.

Your Relationships

The essence of life is relationships. Individual success is closely related to interpersonal abilities. Knowing how your personality plays a role in relationships is crucial to living a fulfilling life.

Visionaries are caring, passionate and loyal. They seek genuine and authentic relationships and are affectionate with the people they love. Because they are sensitive to the needs of others and dislike conflict, they strive for win-win situations. They are generous with praise and like to receive recognition themselves. Others find them encouraging and supportive. Visionaries look for opportunities to make a difference in other people's lives.

Strategies for Your Relationships

- Read about how you can learn to be effective at dealing with conflict situations.
- Seek relationships with trusted people who appreciate one-to-one interaction.
- Listen to criticism you receive and consider whether or not it is constructive.
- Focus on developing your listening and communication skills to a maximum. They are important elements in every relationship.
- Be yourself when pursuing a new romantic relationship. Otherwise, with time, your partner will perceive that you have changed.

In their romantic relationships, Visionaries look for a soulmate. They seek spouses that will relate to them on a deep level with plenty of warmth and affirmation.

Your Work and Career

Adults spend many hours at work. This reality is why career decisions are among the most important in life. Meaningful work experiences are energizing and fulfilling. Understanding how personality is connected to career satisfaction is important.

Visionaries bring valuable qualities to the workplace. They are intuitive, service-oriented and caring. One of their greatest strengths is their genuine concern for people. Their friendly and sensitive nature allows them to work well with others.

Their ability to decipher other people's feelings and intentions helps them to foster growth in their coworkers. Their constant quest for meaning makes them inspiring to work with. To Visionaries, their work must not simply be a job, but a *calling*.

Strategies for Your Work

- When pursuing a career, ask yourself if it is in line with your mission and purpose. Seek your calling.
- Focus on your work-related strengths including your skill with organization and with people.
- Seek employment that allows you the freedom to exercise your idealism.
- Use your Auditory learning style to your advantage when learning new skills that will help you work better and further your career.
- When pursuing a career or position, choose one that matches your personality, talents and interests.

Your Career Matches

Earlier in your report, general career matches were shown for your personality type, temperament and intelligences. Listed below are careers related specifically to *your personal results* across many categories (**top matches in bold**). Keep in mind that these are only suggestions. There are other careers that you might enjoy.

Actor/Actress	Clergy	Editor	Inventor
Alternative Medicine	Composer	Educational Consultant	Journalist
Artist	Conductor	Entrepreneur	Librarian
Child Care	Copywriter	Farmer	Medical Doctor
Child Development	Counselor	Historian	Missionary
Choir Director	Court Reporter	Human Resources	Music Teacher
Church Worker	Designer		Musician

Broadcaster/News-
caster
Philosopher
Photographer
Professor

Psychiatrist
Psychologist
Record Producer
Scientist
Singer

Social Worker
Songwriter
Speech Pathologist
Teacher
Theologian

Therapist
Trainer
Translator/Interpreter
Writer

Your Strengths

The following list of strengths was compiled based on your personal results. We want to encourage you with this list. Focus on what you are good at. If there are strengths on this list that you do not feel you possess, you may be able to develop them with relative ease since they are closely related to your personality.

Caring about other people
Able to focus on tasks
Organized and scheduled
Focused on the future
Able to work independently
Good at listening
Able to understand how others feel
Hardworking
Healthy sense of idealism

Excellent communication skills
Naturally creative
Able to see possibilities
Devoted to a cause
Encouraging with others
Musically intelligent
Have a good ear for music
Able to recognize tones and rhythm
High linguistic intelligence

Talented with words
Good at explaining things clearly
Self-aware
Adept at looking inward
Good at learning by hearing
Good at remembering people's names
Can easily recall spoken information

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printer-friendly so you can fire off a hard copy if you'd like.

"Personality is that which is most intimate to me—that by which I must act out my life. It is that by which I belong to man, that by which I am able to reach after God; and He has given to me this pearl of great price. It is an immortal treasure; it is mine, it is His, and no man shall pluck it out of His hand." — Hugh Reginald Haweis